Michele's Garden of Health presents:
Valentines Dinner with Class

Friday, February 15th, 5:30-8:30 pm

349 Ridgecrest Avenue Rutherfordton, NC 28139

The most fun you'll ever have eating!
From the first sip, to the last bite of
Chocolate bliss, indulge yourself, your friends,
or your sweetheart to a festive evening
that your Heart will love!

Menu

Lemon Balm-Rose Cocktails
(non-alcoholic; in addition to wine you may bring)
Toasted Pistachio Goat Cheese
Appetizer Plate *with Berries and Grapes*
Cacao Crusted Salmon Medallions
on a bed of fresh ***Baby Spinach*** *with*
Spring Peas, Fresh Garlic, & Basil-Infused
Olive Oil-Dressed Bowties
And Hand-rolled Divinely Decadent
Dark Chocolate Truffles

This is your opportunity to eat and learn!
While you enjoy the Appetizer course,
observe Michele prepare this
Heart Healthy Menu with Nutrition Basics.

This Class is limited to twelve persons, singles and/or couples at the price of $45/per person, with $5 discount for a couple.
Please ***register by Monday, Feb. 11*** *with a non-refundable deposit of $25.*
For additional details, questions and to register ***call Michele Tanner****:*

HOLISTIC CHEF HERBALIST INSTRUCTOR
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